



# Such a Pretty Face: Being Fat in America

*Marcia Millman*

Download now

[Click here](#) if your download doesn't start automatically

# Such a Pretty Face: Being Fat in America

*Marcia Millman*

**Such a Pretty Face: Being Fat in America** Marcia Millman

**We are a fat-obsessed society. Four out of every ten Americans are clinically overweight. Being fat, especially for American women, holds a special significance and is laden with symbolism. Low-fat foods, dieting programs, and diet books, few of which make a lasting difference, are the basis of a multibillion-dollar industry.**

Yet, despite this obsession with weight control, there is little serious discussion of the deeper meaning of obesity. In a way, obesity is as powerful a taboo as sexuality was for the Victorians.

This book argues that the effort to lose weight should be secondary to an understanding of the mythology of fat. Being fat is seen as much more than a physical condition. Fat women are stereotypically viewed as unfeminine, either in flight from sexuality or sexual in some forbidden way, intentionally antisocial, out of control, hostile, aggressive.

Using case studies, moving, sometimes painful, autobiographical accounts, and observing such organizations as a fat rights society, Overeaters Anonymous, and a children's diet camp, Marcia Millman reveals how people live with the burden of these stereotypes and explores the truth or falsity of them.

This book proves the humanness, the defiance, vulnerability, self-doubt, courage, and even the beauty of those who violate our arbitrary standards of physical beauty. It sees them as whole people, to whom attention must be paid.

 [Download Such a Pretty Face: Being Fat in America ...pdf](#)

 [Read Online Such a Pretty Face: Being Fat in America ...pdf](#)

## **Download and Read Free Online Such a Pretty Face: Being Fat in America Marcia Millman**

---

### **From reader reviews:**

#### **Matthew Williams:**

Within other case, little folks like to read book Such a Pretty Face: Being Fat in America. You can choose the best book if you appreciate reading a book. So long as we know about how is important a new book Such a Pretty Face: Being Fat in America. You can add information and of course you can around the world with a book. Absolutely right, mainly because from book you can learn everything! From your country till foreign or abroad you will end up known. About simple point until wonderful thing it is possible to know that. In this era, we can open a book or maybe searching by internet unit. It is called e-book. You may use it when you feel fed up to go to the library. Let's read.

#### **Rosa Reid:**

Now a day people who Living in the era everywhere everything reachable by connect to the internet and the resources included can be true or not involve people to be aware of each facts they get. How a lot more to be smart in getting any information nowadays? Of course the answer is reading a book. Reading through a book can help people out of this uncertainty Information mainly this Such a Pretty Face: Being Fat in America book because book offers you rich facts and knowledge. Of course the data in this book hundred % guarantees there is no doubt in it everbody knows.

#### **Kimberly Spradlin:**

This Such a Pretty Face: Being Fat in America are generally reliable for you who want to certainly be a successful person, why. The reason why of this Such a Pretty Face: Being Fat in America can be among the great books you must have is giving you more than just simple reading food but feed a person with information that maybe will shock your before knowledge. This book is usually handy, you can bring it almost everywhere and whenever your conditions in e-book and printed kinds. Beside that this Such a Pretty Face: Being Fat in America giving you an enormous of experience like rich vocabulary, giving you tryout of critical thinking that we all know it useful in your day exercise. So , let's have it and enjoy reading.

#### **Mary Gobeil:**

Beside this Such a Pretty Face: Being Fat in America in your phone, it could possibly give you a way to get more close to the new knowledge or data. The information and the knowledge you will got here is fresh from the oven so don't be worry if you feel like an older people live in narrow village. It is good thing to have Such a Pretty Face: Being Fat in America because this book offers to you personally readable information. Do you often have book but you don't get what it's facts concerning. Oh come on, that won't happen if you have this in your hand. The Enjoyable set up here cannot be questionable, including treasuring beautiful island. Use you still want to miss that? Find this book as well as read it from at this point!

**Download and Read Online Such a Pretty Face: Being Fat in America Marcia Millman #JT37S9CY0OL**

## **Read Such a Pretty Face: Being Fat in America by Marcia Millman for online ebook**

Such a Pretty Face: Being Fat in America by Marcia Millman Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Such a Pretty Face: Being Fat in America by Marcia Millman books to read online.

### **Online Such a Pretty Face: Being Fat in America by Marcia Millman ebook PDF download**

**Such a Pretty Face: Being Fat in America by Marcia Millman Doc**

**Such a Pretty Face: Being Fat in America by Marcia Millman Mobipocket**

**Such a Pretty Face: Being Fat in America by Marcia Millman EPub**