



# **Sobrevivir al dolor (Testimonio (plataforma)) (Spanish Edition)**

*Grela Bravo*

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## **Sobrevivir al dolor (Testimonio (plataforma)) (Spanish Edition)** Grela Bravo

El dolor crónico, epidemia que afecta a millones de personas en todo el mundo, constituye sin embargo una enfermedad silenciosa, invisible para quienes no lo padecen. En esta obra la autora, trascendiendo la perspectiva científica y clínica, salta la barrera de la invisibilidad que caracteriza al dolor crónico y da voz a los pacientes aquejados por él, los sitúa en el eje de su discurso. Porque ella misma lo sufre en carne propia y porque, como señala en la introducción, en relación con el dolor «hay una especie de tabú consensuado y transcultural en su expresión. Está prohibido mostrarlo más allá de lo permitido y tolerable. Hacerlo se señala como algo impúdico, exhibicionista y negativo».

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