



Lebanese Home Cooking: Simple, Delicious, Mostly Vegetarian Recipes from the Founder of Beirut's Souk El Tayeb Market

Kamal Mouzawak

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Straight from the eastern shores of the Mediterranean, chef and creator of the first farmers' market in Beirut, Kamal Mouzawak brings you healthy and inspiring dishes, featuring classic Lebanese ingredients.

From one of the region's most rich and diverse cultures, learn to make food, not war. Lebanese Home Cooking is a mouthwatering cookbook that teaches traditional Lebanese home cooking with regional and religious variation. You won't find these authentic recipes in many Middle-Eastern restaurants! With over 50 gorgeous recipes including kebbeh, mehsheh, tabikh, mujadara, and mouaa'janat, you'll have amazing and exciting homecooked meals in no time.

"To me, the Souk is the epitome of what it means to 'have guts'. Despite bombings and unrest in their city, the market continues to not just function, but to flourish - celebrating culture, cuisine and agriculture. It's very existence is as an act of resistance against sectarian violence." - Rene Redzepi "Lebanese culture served on a plate." CNN

"If I was surprised, it was at what Kamal is doing at Souk el Tayeb, bringing cooks from different social, political and regional sectors." - Chef Anthony Bourdain

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From reader reviews:

Jonathan Scott:

A lot of people always spent their free time to vacation as well as go to the outside with them loved ones or their friend. Do you realize? Many a lot of people spent that they free time just watching TV, or perhaps playing video games all day long. If you would like try to find a new activity that's look different you can read the book. It is really fun to suit your needs. If you enjoy the book that you read you can spent the entire day to reading a reserve. The book Lebanese Home Cooking: Simple, Delicious, Mostly Vegetarian Recipes from the Founder of Beirut's Souk El Tayeb Market it is quite good to read. There are a lot of people who recommended this book. These folks were enjoying reading this book. If you did not have enough space to create this book you can buy the e-book. You can m0ore effortlessly to read this book through your smart phone. The price is not too expensive but this book features high quality.

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