



## Doing More With Less: Using Long-Term Skills in Short-Term Treatment

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# Doing More With Less: Using Long-Term Skills in Short-Term Treatment

## **Doing More With Less: Using Long-Term Skills in Short-Term Treatment**

Confronting the challenge to provide sound clinical treatment in brief therapy, this timely book will enrich the practices of all psychotherapists. Designed and arranged according to the DSM-IV diagnostic categories, each chapter addresses the short-term treatment of a specific condition or patient population. Starting from the premise that psychodynamically trained clinicians already possess the requisite skills to conduct short-term treatment, the editors demonstrate how to adapt these skills to a time-limited approach.

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