

The Craggy Hole in My Heart and the Cat Who Fixed It: Over the Edge and Back with My Dad, My Cat, and Me

Geneen Roth

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Geneen Roth's legions of fans have always responded to her humor and honesty, her warmth and savvy. Those qualities, so present in The Craggy Hole in My Heart and The Cat Who Fixed It, take us deep into the story of a remarkable twenty-pound cat, Mister Blanche, and Geneen's beloved father, Bernard, and the ways in which each taught her to love without reservation and to accept the fact that she might someday lose those whom she believed she could not live without.

In these remarkable, inspiring, and joyous pages, we discover along with Geneen how to break free of the same fears that may drive us to eat or drink or shop too much. Fear of being vulnerable, fear of death, fear of losing what we want most: These are the demons that can inhibit our ability to embrace life freely and fully.

Come meet Mister Blanche and the charming Bernard and immerse yourself in a poignant and funny story that is Geneen's best. As her loyal readership already knows: It's not about food, it's not about the cat . . . it's always been about love and how to live with it—and never live without it!

From the Hardcover edition.



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