



# Community Treatment of Eating Disorders

*Paul Robinson*

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## **Community Treatment of Eating Disorders** Paul Robinson

The book is intended as a practical guide to setting up, staffing and running eating disorders services. The guidance and advice given is based on the experience of the eating disorder service at the Royal Free, which does not have specialised beds, but which is nevertheless considered to offer one of the best services in the UK. Each element of the service will be considered from referral, inpatient and outpatient treatment, service evaluation and multi-disciplinary teamworking. The book also discusses innovative approaches in treatment, including an evaluation of Email Bulimia Therapy.

- Ties in with NICE guidelines, which highlight the need for local services for treating eating disorders
- Offers practical guidance on setting up a community model of treatment and on working within a multi-disciplinary team
- Based on the Royal Free experience – their Eating Disorders Service has twice been a finalist in the Hospital Doctor Team of the Year awards

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