



How to Get a First: Insights and Advice from a First-class Graduate (Palgrave Student to Student)

Michael Tefula

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'Thank you for picking up my book. My name is Michael and I hope that you will join me on a journey of inspiration, motivation and academic success. Getting a first is not as daunting as it seems, yet many students don't even bother trying. I hope this book will change that. A first-class degree is now, more than ever, one of the best ways of getting the most value out of university and enhancing your career prospects. So what are you waiting for?'

Get the most value out of your degree with this authentic guide from a recent first-class graduate.

In this book, you will find:

- realistic guidance on how to achieve your academic best without missing out on the social aspects of the university experience
- a solid framework and practical tips to attain better marks
- strategies to immediately improve confidence and study technique
- knowledge about the growth mindset and how to reach your true potential

With a combination of personal experience, scientific research and motivational anecdotes from other students, you'll get a comprehensive guide to the key elements of academic success.

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