



Hot cocina: Los afrodisiacos (Spanish Edition)

Elda Tomasini

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Canela, mostaza, pimienta, cúrcuma, romero, vainilla... Son plantas y especias que seguramente utiliza con frecuencia en sus recetas, pero, ¿conoce ya sus propiedades afrodisiacas? En esta obra, la autora nos describe las propiedades de estas plantas, nos explica cómo prepararlas (elixir, decocción, infusión...) y nos propone recetas muy sencillas a base de afrodisiacos naturales para embriagar nuestros sentidos y despertar nuestro apetito sexual.

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