



Emerging Trends in Psychological Practice in Long-Term Care

Margaret Norris, Victor Molinari, Suzann Ogland-Hand

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Update your knowledge of mental health services delivery in long-term care settings!

Authored by experts in the field of psychology practice in long-term care (LTC), this valuable book is designed to update psychologists and educators on developments in the evolving field of geriatric mental health in LTC settings. The editors and chapter authors are scientist-practitioners who use their expertise to cover applied topics while maintaining high scientific and scholarly standards.

The first section of *Emerging Trends in Psychological Practice in Long-Term Care* examines modifications to traditional psychotherapy techniques that make them more appropriate for long-term care patients, with chapters reviewing:

- group therapy in long-term care
- brief psychotherapy for treating depression in patients with dementia
- the use of autobiographical memory techniques in cognitive-behavioral treatment for depression
- the treatment of disruptive behaviors in LTC residents

The second section covers systematic therapy approaches in LTC settings, with chapters discussing:

- distinctive family therapy issues in LTC
- an LTC systems application of behavioral treatment for depression using pleasant events
- a comparison of patient and staff perceptions of characteristics that contribute to the quality of LTC facilities
- a multidisciplinary team approach to the treatment of dementia
- training LTC caregivers in behavioral techniques

With helpful charts, tables, and fascinating case studies that illustrate clinical issues, this user-friendly text belongs on the reference shelf of everyone involved in providing mental health services to people in long-term care settings!

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