



# The Therapeutic Frame in the Clinical Context: Integrative Perspectives

*Maria Luca*

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How does the therapeutic frame help therapists in their practice?

*The Therapeutic Frame in the Clinical Context* examines some of the key issues inherent in the intimate and very often intense therapeutic relationship. It addresses and clarifies perspectives on the creation of a therapeutic environment that is conducive to therapy.

The book addresses specific aspects of the therapeutic frame. How does a client feel about unexpectedly meeting her psychotherapist's son or daughter? How does a psychotherapist or counsellor practice within a 'frameless', often intrusive environment, in acute hospital wards? How does a counsellor manage the frame in the face of a life-threatening illness?

Using a wealth of examples from clinical practice, *The Therapeutic Frame in the Clinical Context* examines these issues and more, in a range of settings including the NHS, private practice, and the workplace, and provides valuable guidelines from a range of theoretical perspectives, including Jungian and psychoanalytic.

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