



Massage Notes Assessment & Treatment Pocket Guide (Fa Davis's Notes Book)

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Identifying the information essential to creating an effective client-specific treatment plan has never been easier. This handy resource focuses on assessment as an indispensable tool for massage therapists. With a clear-and-concise writing style, it presents the signs and symptoms associated with the conditions you are most likely to encounter in practice in one easy-to-use reference. Step by step, the author guides you from assessment to treatment, while emphasizing that the role of the massage therapist is not to diagnose a client. Illustrations of the major muscles, trigger points, and pain referral patterns, and charts of common signs and symptoms along with suggested assessments clarify complex concepts.

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