



# **Kognitive Persönlichkeitstheorien: Carl Rogers' klientenzentrierte Gesprächspsychotherapie (German Edition)**

*Arno Krause*

Download now

[Click here](#) if your download doesn't start automatically

# Kognitive Persönlichkeitstheorien: Carl Rogers' klientenzentrierte Gesprächspsychotherapie (German Edition)

Arno Krause

## Kognitive Persönlichkeitstheorien: Carl Rogers' klientenzentrierte Gesprächspsychotherapie (German Edition) Arno Krause

Studienarbeit aus dem Jahr 2000 im Fachbereich Psychologie - Persönlichkeitspsychologie, Note: 1,2, Leopold-Franzens-Universität Innsbruck (Institut für Psychologie), Veranstaltung: Kognitive Persönlichkeitstheorien, Sprache: Deutsch, Abstract: Die klientenzentrierte oder nicht-direktive Gesprächspsychotherapie [GT] zählt neben Psychoanalyse und Verhaltenstherapie zu den erfolgreichsten und verbreitetsten Therapieformen in der westlichen Welt. Ausgehend von einer humanistisch orientierten positivistischen Perspektive des Menschen zeichnet ihr Begründer Carl R. Rogers mit Hilfe der von ihm festgelegten drei Kernvariablen ein neues Bild des Therapeuten, das es dem Klienten ermöglicht, seine Verhaltens- und Erlebniswelt konstruktiv zu verbessern. Dieser Effekt ist aber nicht nur auf die Einzeltherapie beschränkt, vielmehr wurde und wird Rogers' Therapie erfolgreich in Form von sogenannten Encounter-groups angewendet, also in Gruppen von fünf Klienten bis zu Marathon-Begegnungen mit bis zu 100 Beteiligten.- Der Therapieerfolg ist vielfach untersucht worden, am deutlichsten wird er aber in der Anwendung des bekannten Q-Tests, wo die Verbesserungen in Form von Korrelationen dargestellt sind.

### Summary

C.R. Rogers's client-centered therapy [i.e. non-directive therapy] today is one of the most successful and widely accepted psychotherapies in USA and Europe beside psychoanalysis and behavioral therapy. Based on a humanistic influenced, positivistic image of man, its founder Carl R. Rogers created a new type of therapist, which - with the help of three main determinations - enables the client to change his neurotic way of experiencing and perceiving the world. Moreover client-centered therapy is also useful in so called encounter-groups, that means groups of people from about five up to monster-encounters of about the size of one hundred participants. - Although in the begin non-directive therapy couldn't be empirically verified, today's Q-test is a valid tool for examining the success of therapy in the client by means of correlations. Structure and Process of Personality: In Rogers perspective the personality is an organised system that is open to influence by the environment, and, in turn, can influence the environment. The personality system contains basic, inherent forces that seem to maintain the equilibrium of the system and to promote its growth (ie. Structure).

The process: The basic aim of the system is the achievement of personal growth, which has been construed in terms of self-actualisation. Growth is a developmental process which proceeds through phases that are more-or-less distinct from one another. Thus healthy functioning is based on growth and freedom.

 [Download Kognitive Persönlichkeitstheorien: Carl Rogers' k ...pdf](#)

 [Read Online Kognitive Persönlichkeitstheorien: Carl Rogers' ...pdf](#)

## **Download and Read Free Online Kognitive Persönlichkeitstheorien: Carl Rogers' klientenzentrierte Gesprächspsychotherapie (German Edition) Arno Krause**

---

### **From reader reviews:**

#### **Benita Eldridge:**

Book is to be different for each and every grade. Book for children until adult are different content. As we know that book is very important for all of us. The book Kognitive Persönlichkeitstheorien: Carl Rogers' klientenzentrierte Gesprächspsychotherapie (German Edition) has been making you to know about other understanding and of course you can take more information. It is rather advantages for you. The book Kognitive Persönlichkeitstheorien: Carl Rogers' klientenzentrierte Gesprächspsychotherapie (German Edition) is not only giving you much more new information but also being your friend when you feel bored. You can spend your spend time to read your e-book. Try to make relationship with the book Kognitive Persönlichkeitstheorien: Carl Rogers' klientenzentrierte Gesprächspsychotherapie (German Edition). You never sense lose out for everything in the event you read some books.

#### **Dianne Tripp:**

This book untitled Kognitive Persönlichkeitstheorien: Carl Rogers' klientenzentrierte Gesprächspsychotherapie (German Edition) to be one of several books this best seller in this year, that's because when you read this guide you can get a lot of benefit upon it. You will easily to buy this particular book in the book retail store or you can order it by way of online. The publisher of the book sells the e-book too. It makes you quicker to read this book, because you can read this book in your Mobile phone. So there is no reason for you to past this book from your list.

#### **Robert Sanders:**

Reading a book to become new life style in this season; every people loves to learn a book. When you go through a book you can get a lots of benefit. When you read textbooks, you can improve your knowledge, because book has a lot of information on it. The information that you will get depend on what forms of book that you have read. In order to get information about your research, you can read education books, but if you want to entertain yourself you are able to a fiction books, these kinds of us novel, comics, and also soon. The Kognitive Persönlichkeitstheorien: Carl Rogers' klientenzentrierte Gesprächspsychotherapie (German Edition) offer you a new experience in studying a book.

#### **Jack Scala:**

As we know that book is very important thing to add our information for everything. By a publication we can know everything we really wish for. A book is a set of written, printed, illustrated as well as blank sheet. Every year seemed to be exactly added. This publication Kognitive Persönlichkeitstheorien: Carl Rogers' klientenzentrierte Gesprächspsychotherapie (German Edition) was filled in relation to science. Spend your extra time to add your knowledge about your science competence. Some people has different feel when they reading some sort of book. If you know how big selling point of a book, you can feel enjoy to read a guide. In the modern era like today, many ways to get book which you wanted.

**Download and Read Online Kognitive Persönlichkeitstheorien: Carl Rogers' klientenzentrierte Gesprächspsychotherapie (German Edition) Arno Krause #SIL6RK2P3VX**

## **Read Kognitive Persönlichkeitstheorien: Carl Rogers' klientenzentrierte Gesprächspsychotherapie (German Edition) by Arno Krause for online ebook**

Kognitive Persönlichkeitstheorien: Carl Rogers' klientenzentrierte Gesprächspsychotherapie (German Edition) by Arno Krause Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Kognitive Persönlichkeitstheorien: Carl Rogers' klientenzentrierte Gesprächspsychotherapie (German Edition) by Arno Krause books to read online.

## **Online Kognitive Persönlichkeitstheorien: Carl Rogers' klientenzentrierte Gesprächspsychotherapie (German Edition) by Arno Krause ebook PDF download**

**Kognitive Persönlichkeitstheorien: Carl Rogers' klientenzentrierte Gesprächspsychotherapie (German Edition) by Arno Krause Doc**

**Kognitive Persönlichkeitstheorien: Carl Rogers' klientenzentrierte Gesprächspsychotherapie (German Edition) by Arno Krause Mobipocket**

**Kognitive Persönlichkeitstheorien: Carl Rogers' klientenzentrierte Gesprächspsychotherapie (German Edition) by Arno Krause EPub**