



HIKE with Kids: The Essential Guide for Parents, Grandparents, Teachers & Youth Leaders

John McKinney

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Nature and Nurture in the Great Outdoors

From selecting gear to safety tips to favorite trail snacks, Hiking Expert John McKinney shows how to share the joys of nature-and the fun of hiking-with kids.

- Re-connect kids with nature and the great outdoors.
- Help kids work as a team and maintain a positive attitude.
- Learn what to pack, what to wear and how to pick a hike kids will like.

Leave no child inside! Complete with The Trailmaster's tips for hiking with kids of all ages, from babies to toddlers to teens.

Contents:

The Trailmaster's Ten-Point Plan for Getting Kids Back on the Nature Trail

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