



An Introduction to Leisure Studies: Principles and Practice

Peter Bramham, Stephen Wagg

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Peter Bramham and Stephen Wagg provide a foundation for those studying within the broad field of leisure studies. The book gives students an accessible and engaging introduction to leisure studies and leisure research, encouraging students to engage in reflexive analysis of their common sense understandings of everyday life and enabling them to develop an understanding of contemporary leisure studies and changing leisure practices.

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