



Key Themes in Health and Social Care: A Companion to Learning

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Key Themes in Health and Social Care is a learning resource for students in health and social care. It provides an overview of foundational issues and core themes in the field and introduces key areas of debate, moving from an introductory level to in-depth discussion as the book progresses. Divided into three parts:

- the first part sets the scene, addressing introductory psychology and sociology, social policy, equality and diversity, skills for practice, and working with people
- the second part considers key themes such as the contribution of philosophy and politics; criminal justice; management of services; the relationship between place and wellbeing; research in health and social care; theories of counselling; housing and the built environment
- the third part looks at discrete areas of practice such as mental health; substance abuse, protection work; health promotion; disability studies; working with men; child welfare and public responsibility.

Each chapter begins with an outline of the content and learning outcomes and includes reflective exercises to allow students to reflect on what they have read, review their learning and consolidate their understanding. Time-pressed readers wanting to 'dip into' the book for relevant areas can do so but, read from cover to cover, the book provides a comprehensive introduction to the key areas of contemporary health and social care practice. It will be particularly helpful for students undertaking health and social care undergraduate and foundation degrees.

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