



# All Shall Be Well: An Approach to Wellness

*William S. Craddock Jr.*

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**All Shall Be Well: An Approach to Wellness** William S. Craddock Jr.

This relevant, timely, and substantive book addresses the CREDO approach to wellness.

Chapters explore the theology of wellness and identity, core values, creativity and passion, renewal, emotional health, spiritual practices, balance, transformation, and fitness.

It features a foreword by the Most Rev. Katharine Jefferts Schori, Presiding Bishop of the Episcopal Church. Models, perspectives, theories, and stories are provided by contributors who are involved with CREDO as faculty, researchers, or participants.

Contributors include: William S. Craddock, Jr.; the Rt. Rev. Jeffrey D. Lee; the Very Rev. Michael J. Battle; Mathew L. Sheep, Ph.D.; the Rev. Dr. Robert R. Hansel; Glen E. Kreiner, Ph.D.; Patricia H. Murrell, Ph.D.; the Rev. Canon M. Renée Miller; the Rev. Canon Elizabeth R. Geitz; the Rev. Canon Hartshorn Murphy, Jr.; the Rev. Canon Scott Hayashi; the Rev. Dr. Joseph Stewart-Sicking.; the Rev. Dr. Sam A. Portaro, Jr.; the Rev. Dr. William J. Watson III; Phyllis T. Strupp; Elaine C. Hollensbe, Ph.D.; Barton T. Jones, and the Rt. Rev. Mark Hollingsworth, Jr.

About CREDO: Initially formed in 2000, the mission of CREDO Institute, Inc. is to serve as a collaborative alliance providing resources for Episcopal leadership and wellness programs. Its broader purpose is to ensure the continued growth and vitality of God's people by promoting the welfare and leadership of all clergy and congregations.

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