



Spasticity Management: A Practical Multidisciplinary Guide, Second Edition

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Spasticity is a common symptom that arises in a wide range of neurological conditions. Unfortunately, a poor understanding and inadequate management of spasticity often results in it having a greater impact on patients than necessary.

Using a multidisciplinary approach, **Spasticity Management: A Practical Multidisciplinary Guide** provides the essential knowledge for the effective management of spasticity as well as the practical tools for developing wide-ranging services.

In line with the previous edition, this book emphasises the importance of all team members being involved in educating the individual with spasticity and, if appropriate, their carers and families. Thoroughly updated, this edition discusses new medications available for spasticity management, increased coverage of postural management via occupational therapy input, and pragmatic guidance using illustrations, algorithms and linkages to real-world clinical practice.

New chapters have been added to address individuals making the transition from paediatric to adult services as well as the provision of optimal end-of-life care. Also included are real-life case studies to emphasise learning points while engaging the reader, making this a valuable guide to any practitioner involved in managing spasticity.

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