



Off Speed: Baseball, Pitching, and the Art of Deception

Terry McDermott

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A wonderfully informative, exuberant, and entertaining book that explores the evolution and history of baseball pitching through the story of one “perfect” game.

Tracing the evolution of pitching and the pitcher’s art of deception, Terry McDermott tells the fascinating story of baseball’s 150-year hunt for the perfect pitch. Using the framework of a single game (nine chapters, nine innings, nine pitches), he explores the history of every type of pitch, combining the folk wisdom of the players with the enormous wealth of new data brought to the sport by the growing legion of statisticians who are transforming many of the sport’s once sacred beliefs. As a lifelong baseball fan, McDermott approaches his subject with the love every fan brings to the park plus the expertise of a probing journalist, exploring with irrepressible enthusiasm and curiosity both the science and the romance of the game.

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