



# The Bardo of Waking Life

*Richard Grossinger*

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## **The Bardo of Waking Life** Richard Grossinger

An avant garde set of improvisational essays, Richard Grossinger's *The Bardo of Waking Life* is a meditation on the Tibetan Buddhist bardo realm which, in popular culture, is viewed as the bridge between lives, the state people enter after death and before rebirth. This book examines waking life and its history and language as if it were a bardo state rather than ultimate reality, and thus seeks a context for life (and dreams), even as it addresses more "mundane issues" including genetic theory, the war in Iraq and George W. Bush's presidency, North Korea, advertising, global warming, Prison Industrial Culture, childhood trauma, even country western music. Written with playfulness and precision, *Bardo* takes a new, probing approach to all the important questions of creation, destruction, and existence. In these intellectual field notes, Grossinger proves thematically fearless as he crosses quantum mechanics with totemic hexes and draws transcendental insight from the ephemeral space-time we call daily life. If, as Tibetan cosmology holds true, all conditional realms are bardos, then the state we all share is nothing less than the bardo of waking life.

*From the Trade Paperback edition.*

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