



Mis sabores preferidos (KF8) (Spanish Edition)

JULIANA LOPEZ MAY

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Me tomé un año para armar este libro que tienen en sus manos (¡y en sus cocinas!); un año para hacer fotos en cada una de las estaciones, un año para pensar en mis veinte productos preferidos# Un año para vivir cada producto en su mejor momento. Los veinte elegidos son un resumen, es difícil no poner más, pero creo se trata de un buen número para empezar.

La idea es honrar las estaciones y sus productos, elegir los mejores cada momento del año y con cada uno ensayar diversas combinaciones y recetas.

Hoy miro atrás y puedo decir que desde Mi primer libro de recetas crecí: pasó el tiempo (¡las estaciones!) y todo ha sido aprendizaje. Pero hay algo que no cambia: la búsqueda de esa verdad que tenían las recetas de antes, de nuestras abuelas y madres, de cuando esperábamos los espárragos para poder comerlos hasta que termine su época y así tener el gustito de haberlos disfrutado y esperarlos nuevamente.

Es el premio a la paciencia, la gloria de los colores, la ingenuidad de la espera, la alegría de la llegada tan querida de las habas o de los tomates#

Espero poder transmitirles este respeto por la naturaleza, estar rindiéndole el debido homenaje a sus frutos y, como siempre# ¡cocinar, poner linda la mesa y disfrutar de cada instante!

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From reader reviews:

Frank Lach:

As people who live in often the modest era should be up-date about what going on or facts even knowledge to make these keep up with the era and that is always change and move forward. Some of you maybe will update themselves by reading books. It is a good choice to suit your needs but the problems coming to you actually is you don't know what kind you should start with. This Mis sabores preferidos (KF8) (Spanish Edition) is our recommendation to help you keep up with the world. Why, since this book serves what you want and wish in this era.

Walter Crouse:

Are you kind of occupied person, only have 10 or maybe 15 minute in your moment to upgrading your mind expertise or thinking skill actually analytical thinking? Then you are experiencing problem with the book as compared to can satisfy your short time to read it because pretty much everything time you only find book that need more time to be read. Mis sabores preferidos (KF8) (Spanish Edition) can be your answer given it can be read by you actually who have those short spare time problems.

Keith Kemp:

On this era which is the greater particular person or who has ability in doing something more are more precious than other. Do you want to become among it? It is just simple solution to have that. What you should do is just spending your time not much but quite enough to experience a look at some books. On the list of books in the top list in your reading list is definitely Mis sabores preferidos (KF8) (Spanish Edition). This book which can be qualified as The Hungry Mountains can get you closer in turning into precious person. By looking way up and review this book you can get many advantages.

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