

# **Cooking Italian with the Cake Boss: Family Favorites as Only Buddy Can Serve Them Up**

Buddy Valastro



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TLC's beloved Buddy Valastro is not only a master baker and *the* Cake Boss, he's also a great cook and star of the hit show, *Kitchen Boss*. Now he shares 100 delicious, essential Italian-American recipes—from his grandmother's secret dishes to his personal favorites—with his own signature touches that make dinner a family event.

TLC's beloved Buddy Valastro is not only a master baker, he's also a great cook—the boss of his home kitchen as well as of his famous bakery, Carlo's Bake Shop. Home cooking is even more vital for the Valastro family than the work they do at the bakery. Every Sunday, the whole clan gathers to cook and eat Sunday Gravy—their family recipe for hearty tomato sauce. These nourishing meals are the glue of their family. *Cooking Italian with the Cake Boss* shares 100 delicious Italian- American recipes beloved by Buddy's family, from his grandmother's secret dishes to Buddy's personal favorites, with Buddy's own signature touches that make dinner a family event.

Buddy Valastro is renowned worldwide as the Cake Boss, but Buddy knows far more than just desserts. He makes classic dishes like Pasta Carbonara, Shrimp Scampi, and Eggplant Parmesan even more irresistible with his singular flair and with old-school tips passed down through generations. With his friendly charm, he guides even novice cooks from appetizers through more complicated dishes, and all 100 easy-to-follow recipes use ingredients that are obtainable and affordable. Your family will love sitting down at the table to eat Steak alla Buddy, Auntie Anna's Manicotti, Mozzarella-and- Sausage-Stuffed Chicken, Veal Saltimbocca, Buddy's Swiss Chard, and mouthwatering desserts like Lemon Granita, Apple Snacking Cake, Cocoa-Hazelnut Cream with Berries, and Rockin' Rice Pudding.

Buddy's recipes allow home cooks to become the bosses of their own kitchens, and anyone will be able to whip up a tasty and nutritious Italian dinner. Filled with luscious full-color photography and with stories from the irrepressible Valastro clan, *Cooking Italian with the Cake Boss* shows how to create new takes on traditional dishes that will make your *famiglia* happy.

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My family, the Valastros, makes its living by baking and selling just about anything you can think of at Carlo's Bake Shop. It's what we're known for. But there's another side to our family and our relationship to food, and it's just as personal, maybe even more personal, than what we do at the bakery. I'm talking about the recipes and dishes, meals and traditions that nourish our bodies and souls when we get home. Just like any other family, we enjoy chilling out and spending time together, and there's no way we'd rather do that than around a table, a place that keeps us grounded and connected to each other as well as to the relatives who came before us. As proud as I am of our professional success, I'm just as proud that we've been able to continue making time for our family and extended family—and we're talking a lot of people— to meet several times a week and eat together.

And now I'm honored to share with you my family's favorite recipes and to tell you the stories of what

makes them so near and dear to our hearts. I hope they might become favorites for your family as well, that they help you create memories to last a lifetime, the same way they've done for us Valastros.

-- Buon Appetito, Buddy Valastro

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