



# Ni rabietas, ni conflictos (Psicología y salud) (Spanish Edition)

*Rosa Jové*

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# Ni rabietas, ni conflictos (Psicología y salud) (Spanish Edition)

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**Ni rabietas, ni conflictos (Psicología y salud) (Spanish Edition)** Rosa Jové

Soluciones fáciles y definitivas para problemas de comportamiento de 0 a 12 años

La autora de Dormir sin lágrimas ofrece soluciones para los problemas de comportamiento infantiles

Cuando un niño está enojado o irritable, lo que busca es satisfacer sus necesidades no cubiertas. Esas rabietas que a tantos padres desesperan no son sino las ideas propias del niño enfrentadas a los deseos de sus padres: no entiende lo que pasa, se ofusca y estalla emocionalmente. Conforme crece, estas rabietas se pasan pero los conflictos familiares siguen formando parte de la convivencia.

Para Rosa Jové, con estas reacciones un niño camina hacia su independencia y la defensa de sus propias ideas. Se trata de una etapa que es preciso pasar y que los padres deben aceptar y entender, sin recurrir a los castigos, porque de lo contrario contribuirán a hacer crónico un problema que tiene fecha de caducidad.

La autora de Dormir sin lágrimas y La crianza feliz -ambos publicados con mucho éxito por esta editorial- va más allá y nos ofrece también soluciones definitivas para los problemas de comportamiento hasta los 12 años. Y defiende, con sólidos argumentos, la idea que transmiten estas palabras: «Quiéreme cuando menos me lo merezca porque será cuando más lo necesite».

- Exigir a los hijos lo que no les enseñamos
- El castigo como fracaso del educador
- Cómo prevenir los problemas de convivencia
- Coherencia y empatía: bases de una crianza feliz
- El respeto de la intimidad

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