



# You are Light: 8 Words Reveal Your Truest Self

*Monica McDowell*

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# You are Light: 8 Words Reveal Your Truest Self

*Monica McDowell*

## **You are Light: 8 Words Reveal Your Truest Self** Monica McDowell

You are Light. The Divine Spark within you shines brighter than ten thousand suns. You are an eternally burning ember in the flame of God. This is revelation—words of illumination given for the here and now when millions of people are awakening to their Truest Selves and longing to live their lives from this sacred awareness. It is a new time requiring a fresh innovative scripture that will encourage the global consciousness that is emerging everywhere. In this gentle and healing meditation book Monica McDowell unveils eight words that reveal a person's Truest Self. At the heart of each of the eight chapters is a vibrant spiritual message followed by a practical workbook section to help readers connect with their own highest and best inner guidance. This groundbreaking work will take seeker shaman and sage to the brightest core of who they are inspiring with words so uplifting from a love so vast that no one will be unchanged in the reading of it.

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