



# Es hora de vivir (METAFÍSICA Y ESPIRITUALIDAD) (Spanish Edition)

*Andreas Moritz*

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En este libro, el autor analiza la profunda necesidad interior del hombre de sabiduría espiritual y nos ayuda a desarrollar una nueva sensación de vivir, basada en el amor, el poder y la compasión. Describe en detalle nuestra relación con el mundo natural y analiza cómo podemos emplear sus asombrosos poderes en nuestro beneficio y de la humanidad. Es hora de vivir cuestiona algunas de nuestras creencias más arraigadas y ofrece una forma de liberarnos de las restricciones emocionales y las limitaciones físicas que hemos creado en nuestras vidas. Examina los factores que modelan nuestro destino, revela secretos sobre el envejecimiento que nos permitirán triunfar y explica cómo usar el poder de la intención, abrir el corazón y prosperar material y espiritualmente. Al facilitar numerosos datos científicos y consejos prácticos, Andreas Moritz nos invita a explorar y activar toda la riqueza de conocimiento que llevamos en nuestro interior, así como a empezar a vivir a partir de hoy.

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